

# Talk Trust Move on

If you've been raped or sexually assaulted,  
you don't have to suffer alone.

Solace is a place where you can come and talk in confidence  
and receive support from professionals who care.

“I'D LIKE  
TO TALK”

**Support whether the police  
are involved or not.**

**0845 519 6168**

**[solacesarc.org.uk](http://solacesarc.org.uk)**

**Find us at Cobham Community Hospital, KT11 1HT**

“I'D LIKE TO  
LISTEN”